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Thursday, May 8, 2014



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Reading series

Dennis Bock to speak at
Ridgeway-Crystal Beach
Public High School

3



New look



Canadian Motor
Speedway unveils logo



Fashion show to support
Relay for Life. See page
25

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online
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SARAH FERGUSON Fort Erie Times

Ridgeway Business Improvement Area Association president Derrick Dea challenges BIA spokeswoman Vivianne Cooney to sell as much as she can during the inaugural Battle of the Yard Sales on May 24 and 25.

See Page 5

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Ridgeway to
become home to
annual village-wide garage sale

Sarah Ferguson
Fort Erie Times

It's time to open drawers,
search through closets and
clean out your garage.

All of those old treasures
and unique items that have
been left unused can be
cleaned and sold during the
inaugural Battle of the Yard
Sales.

Derrick Dea, president of
the Ridgeway Business
Improvement Area
Association, said the yard
sale is a "community minded
event" that encourages
people to get involved in
the town.

The ultimate yard sale
will be held Saturday, May
24 and Sunday, May 25 from
8 a.m. to noon with partici-
pants sprawled through the
Village of Ridgeway.

Dea said everyone is wel-
come to participate by gather-
ing all of their gently used
items for a garage sale held
during the two-day event.

RBA members will pre-
pare a map of participating
residents that will become
available one week prior to
the event.

St. Catharines native featured in Ridgeway reading series

Sarah Ferguson
Fort Erie Times

Dennis Bock's novel *Coming Home Again* is a story about a 40-year-old man who returns to Toronto 20 years later and discovers serious changes have occurred.

Bock, who is the sixth author to be featured, will talk about his book on May 8 as part of the Ridgeway Reads Literary Series hosted at Crystal Beach High School in Ridgeway.

"The things he wanted to change have changed, and the things he didn't want to change have changed," Bock said about the lead character in his book.

Bock began writing his novel by deciding on who his character will be.

"I worked my characters through a number of situations before I start writing my books," he said.

"I work my characters through a number of different situations while writing about that character as much as I can."

In his book, Bock said his main character is someone who "loves" universe and goes to Europe to begin the adventure of a lifetime.

"The story is really about changes in life, romantic relationships, and sibling relationships."

Bock wrote *Coming Home Again* in 18 months but he had the characters from the novel in his head for years.

"When I finally got down to it, it was a fast process to write the book but I've been stewing over the idea and the characters for almost a decade."

Bock has taken aspects from his real life experience and applied them to his book.

"I have done a number of things my character has

done—I lived in Madrid, I'm a father," he said.

"There are certain emotional truths, and biographical truths," he added.

Bock said readers might be interested to read his book to discover parallels between Bock and his novel.

The St. Catharines native is looking forward to sharing his work with Ridgeway residents who attend the lecture series.

"It's nice to meet readers and to listen and learn if the book affected them at all and to find out what they found interesting."

Bock is interested in discovering how readers have interpreted his book.

The book usually comes back with a different interpretation," he said.

"It's not as how the writer would've described the book. You get a fresh perspective on your words."

Bock encourages people to attend the lecture series on May 8 to learn more about the art of writing.

"If you're interested in the creative process, it's a fascinating mystery we've been

involved in the creative process for over 10 years," Bock said.

"There's a lot of magic and chemistry and alchemy and plain good luck and determination that goes into making a book. I will say a few words on a creative process," he added.

Bock said he loves talking to people and he is looking forward to "some Q and A" during the lecture series.

Tickets are \$5 at the door, or \$25 to become a member of the Ridgeway Reads Literary Society and all spring and summer reading series events are free. For more information about the reading series and

Who: Dennis Bock

What: Will speak at the Ridgeway Reads Literary Series

When: Friday, May 8

Where: Ridgeway Crystal Beach High School, 576 Ridge Rd., in Ridgeway

Why: To talk about his book *Coming Home Again*



SARAH FERGUSON Special to The Times

Dennis Bock is the next author featured in the Ridgeway Reads Literary Series on Friday at Ridgeway Crystal Beach High School.

upcoming events visit online sarah.ferguson@sunmedia.ca



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Support Hospice Niagara

Hospice Niagara has kicked off its annual Five Car Draw, offering the public a chance to win a Buick Verano, Chevrolet Trax, Mazda MX5 GX, Ford F150 Supercab 4x2 and Audi A4 Multitronic Fronttrax Komfort.

Tickets are \$25 each or five tickets for \$100. The chances of winning a car are one-in-five.

The final draw will take place on Monday, Aug. 4 at 6 p.m. during the Rotary Ribfest at Montebello Park in St. Catharines.

There is also a bonus Early Bird Draw that takes place at Niagara Falls Rotary Ribfest at Niagara Square, in Niagara Falls on June 15 at 5 p.m. The winner will receive a 2013 Harley-Davidson Sportster Motorcycle. The early bird prize winner will also be eligible for the final draw.

Only 20,000 tickets are available. For more information about where to buy tickets call Hospice Niagara at 905-984-9876.



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May is Community Living Month



SARAH FERGUSON Fort Erie Times

May is Community Living Month and to celebrate, a flag was raised at Fort Erie Town Hall last Thursday. Mayor Doug Martin and more than 40 people involved with Community Living attended the event.

Join us for breakfast, lunch, dinner, and now...

Afternoon Tea

(on Sunday's from 2 pm—5 pm)

Starting Mother's Day...

Sunday, May 11th

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Lots of 'great deals' to be discovered!

From Page 1

Dea expects shoppers to find a lot of "great deals."

"The more people we can get to participate, the better the yard sale will be."

The RBIA president was inspired to organize the yard sale because he wanted to do something in conjunction with the Battle of Ridgeway, an event scheduled for June 1.

"I thought it would be fun to do something in conjunction with the Battle of Ridgeway and I thought an ultimate yard sale would be a great idea," Dea said.

"I think the idea of it being a battle to sell as much as you can is another

great idea," he added.

Dea hopes the yard sale will become a tradition in Ridgeway for years to come.

"I think this can be something where many people participate and it can become a great annual event," he said.

Participants are encouraged to register for the yard sale by visiting the Flying Squirrel Lounge at 238 Ridge Rd. North or e-mail [Patty at rbiasecretary@gmail.com](mailto:rbiasecretary@gmail.com). The deadline to register is May 14.

A list of participating residents will be available at Ridge Road businesses a week prior to the event.

sarah.ferguson@sunmedia.ca

RIDGEWAY COMMUNITY-WIDE

BATTLE OF THE YARD SALES

Saturday & Sunday
May 24 & 25, 2014

8 am to 12 noon

FREE REGISTRATION
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Register in person by May 14, 2014
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opinion page

Fort Erie Times

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Early election costs taxpayers

It's clear Ontario voters didn't want an early election called.

Voters never do. No matter how disillusioned they might be with the current government, early elections are seen as a waste of money that could have been invested in something more important: job creation, or keeping schools open.

Many of those who are disillusioned by party politics, judging by recent comments in social media, are disappointed in politicians in general. Elections mean trading in one flawed model for another. There's no 'better the devil you know' in politics—so many voters regard all politicians, if not the devil, something closely akin to it.

So we can be forgiven for being surprised when Andrea Horwath decided to force a provincial election that few want. Why did she do it? She's still in that place in the polls with a lot of ground to gain in a short amount of time.

One explanation could be if the Liberals are losing ground, as they appear to be, she doesn't want to be seen

as the party that supported them, shrugging up their power. NDPers have had that thrown at them by the PCs on a regular basis throughout recent years, and Horwath may have seen that becoming more of a stumbling block for her party than being blamed for an early election.

With Tim Hudak's Progressive Conservatives are in the lead in recent polls, he may have a difficult time sustaining it—he isn't good at engaging the public, and within days of this election being called, he held a press conference that indicated he isn't improving when it comes to showing any kind of leadership.

In Niagara, we have some strong candidates. PC Bart Davey has proven in the past that he can do the job.

Wayne Gates has shown himself to be a likable candidate, sincere and passionate in his beliefs, with a few short weeks of experience that seemed to indicate with Gates, what you see is what you get.

Alli Clarke Bitter, while not likely to show much improvement in numbers representing the Green Party,

made a respectable showing at all-candidates meetings leading up to the byelection, leaving some voters wishing he represented a different party so they could mark their ballots beside his name.

The Liberals, as we were going to press, were in the position of second, and a candidate, Joyce Morocco, who represented them in the byelection, isn't interested in another attempt, citing personal reasons.

Can't say we blame her. Regardless of who ends up as our next premier, it's seems safe to say out on a limb and say it's not likely to be a Liberal government during the Niagara Falls rising.

While there are always stalwart partisan supporters who back party policies, and have no use for stripes of a different colour, most of us can be reassured knowing that in Niagara, at least, we will continue to have a strong voice at Queen's Park, whether represented by a ruling party, a minority government or an opposition.

That's not a bad place to be, leading up to a provincial election nobody wanted.



Do You Remember?

We received neither calls or e-mails about last week's photo of the students at the school track and field meet, so it will go into the unidentified people binders here at the Museum.

Binders here at the

Please call the Fort Erie Historical Museum if you know anything about this photo - 905-894-5322 or e-mail us at museum@forterie.on.ca

No wood frog sighting in Marcy Woods



Earl Plato

It's hard to believe that the ice boom has been operating since 1965.

Its purpose was to reduce runoff of ice floes that disrupted hydro-electric generation installations on the Lower Niagara River.

It has worked saving millions of dollars annually. Where were you back then?

I remember Fort Erie resident, the late Glen Hutton, vociferously claimed it retarded the coming of our spring.

As long as the ice boom is holding back the ice there has to be climate cooling.

flies to cross over the boom.

In February, March and April, nothing seemed to change. The boom stayed in.

Use your binoculars on the ice boom and detect the series of connected floating timbers now.

I have watched them being installed and now in early May are being dismantled. Times vary according to many factors. This year it is late, very late.

I recall the Hutton message

that went something like this: Higher heating bills, shorter growing season and higher

water levels in the lake.

We have been to Marcy Woods three times lately but not this year.

Not even one little "quack" I researched my files and here is what I came up with.

There is still hope. Look at the date three years ago.

On that sunny day on April 30, daughter Allison Kells and I headed for the Marcy vernal pools and the Marcy pond.

Our object? The annual mystery. Back then we saw and heard the mating sounds of many little Wood frogs.



EARL PLATO Special to The Times

water frog.

A major 'quacking' experience for sure. This week we will try again.

There was on its last page My Wood frog Just - Field Guide to Fort Erie's Turdus, Snakes, Frogs and Toads. It's

pocket sized and spiral bound. It's very well done thanks to some members of the Bert Miller Nature Club and others. It is only \$5. Get one. Available from the Bert Miller Nature Club.

opinion page

Learn about canine therapy at the Fort Erie Public Library

Did you know that people aren't the only creatures who can benefit from therapy?

Laura Arsenault, the owner of Four Paws Wellness, a new Niagara based service for pets and their human companions which seeks to rebalance mind, body and spirit in order to promote healing and wellness.

Touch therapy in the form of canine massage is a relatively new field in Canada, and Laura, a certified canine massage worker, will be demonstrating this method at the Centennial branch of the library on May 14, at 7 p.m. Deep tissue work and stretching is effective in treating canine arthritis, lameness issues, post-surgical healing, and it also alleviates stress and anxiety.

Massage will help to improve circulation and the animal's coat and renew your



Amy Roebuck
Fort Erie Public Library

person's energy and pleasure life.

If you are coming to the Canine Massage program, please bring along a stuffed toy dog or animal for practice. Live pets are not invited to this session.

The library collection includes many books and resources for all ages of dog lovers. Visit the website www.fepl.ca and type 'dogs' in the search box.

Kids of all ages are invited to join the Magic Treehouse Club at the Crystal Ridge branch on Saturday, at 2:30 p.m. Come build with your own bricks or with ours, and parents are encouraged to stay and build with their kids. DUPLO is also available. There is no need to register ahead for this \$2 program. Leglo Club will also be held at the Stevensville branch on May 21 at 4 p.m. and at the Centennial branch on May 27 at 6 p.m.

Ready to Read, the wonderful early literacy program for children ages 1 ½ years and up, is now offered at all three library locations. On May 12 and 26 at 10:45 a.m., the Stevensville branch plays host to little ones as they talk, sing, play, share stories and in every way become ready to read.

Tuesday sessions at the Centennial branch and at the Crystal Ridge branch on Wednesdays, both starting at 10:30 a.m. continue throughout May.

The Magic Treehouse Club is an adventure for younger school-age children, grades one and up, featuring the characters from the popular Magic Treehouse series of books by Mary Pope Osborne. There will be Magic Treehouse Club meetings twice a month at the Crystal Ridge branch, and at the Centennial branch on May 15. Both sessions begin at 4 p.m. \$2 admission.

Footnote, the Thursday evening movie tonight at 6:30 p.m. at the Centennial branch, is the story of a rivalry between a father and son, both professors of Talmudic Studies. The father, Eliezer, is a stubborn



Lucky gets a massage from Laura Arsenault

purist who fears the establishment and has never been recognized for his work. His son, Uriel, is fast becoming a celebrity in the field. Footnote is presented in Hebrew with English subtitles, and will be encored on May 13 at 2 p.m., at the Crystal Ridge branch.

Mrs. Brown is next week's movie selection. Just in time for the Victoria Day holiday,

we present Judi Dench and Billy Connolly in this true story of the widowed queen and her straight talking, hard-drinking Balmoral servant, John Brown, whose importance in her life and court became a threat to the queen's reputation.

Amy Roebuck is the Community Services Coordinator at the Fort Erie Public Library.

Hunger Awareness Week highlights poverty and need for food

May 5 marks Hunger Awareness Week, a time when food banks across Canada raise awareness of the hunger issue in Canada by holding events and telling the stories of the Canadians who rely on their services.

And there is no shortage of stories to tell. In March 2013, close to 833,000 people in Canada turned to a food bank because they were hungry, 36% of which were children.

The number of people relying on food banks is a clear message that our country is experiencing a real crisis. Our response is, though, an ever-growing number of volunteers working in food banks across Canada, but it's not the answer. Don't get me wrong, I commend the work food banks are



Rhonda Barron

addiction that bring people to food banks.

People relying on charity for food don't want to be passive recipients of charity either; just ask them. They appreciate the assistance, but they deserve to be treated with dignity and respect. They would much rather have their dignity restored and be able to go to the grocery store to buy their own food.

So if charity isn't the solution, what is?

Overcoming hunger requires multiple strategies and supportive communities that have a long term view.

People need the skills to prepare and grow healthy foods and shop healthy on a budget. Every community needs a community garden and a community kitchen so these skills can be nurtured. And that's just

the beginning. Food is always about more than food.

When these things are in place great things begin to happen. People become engaged, relationships develop, and communities build. People begin to mobilize around the issues that are of concern to them and these conditions set the stage for larger system changes.

The big changes, like changing to public policy, require a new way of thinking and the philosophical buy-in and support of the masses.

We need to move beyond programs that mitigate the effects of poverty and invest in people up front so they can be lifted out of poverty. And if you think we can't afford it, think again.

Poverty has a hefty price tag when you begin to add up the consequences it has on the health care and criminal justice systems and lost productivity; both 79 and 95 billion dollars a year according to Canada Without Poverty.

Policy consultant, John Stapleton, estimates it would cost approximately 30 billion to move everyone in poverty above the poverty line. This upstream approach would result in a 42 billion savings in health care expenses alone.

Eliminating poverty is no longer just a moral imperative; it is also an economic one.

Bridges Community Health Centre staff is committed to addressing the root causes of hunger.

It's a big part of what we do

each and every day. Whether it's our healthy eating programs, working with our community partners to build capacity or advocating for changes to public policy, we are dedicated to making healthy communities and be the voice of change leaders for our communities, but we also need you.

If you are interested in taking action against the root causes of poverty, me at 905-871-7621 ext. 2226.

Rhonda Barron is the health promoter for Bridges Community Health Centre.



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Local organization fights for right to walk along Lake Erie's shores

Garry Skerret
Special to The Times

A legal decision in Michigan in July of 2005 could have a big influence on our Great Lakes shoreline access in Ontario.

The Michigan Supreme Court ruled that there could be no fences on any of that state's 5,000 km of Great Lakes shoreline. Further, they ruled that the public had walking rights (right of passage) on all of their shores on Lakes Superior, Michigan, Huron and Erie. The decision was later affirmed by the US Supreme Court.

You may ask, "So what, that's the U.S., how can it benefit us?"

Well, it just might for a number of reasons.

We share the same shores and have similar legal systems evolved from British Common Law.

Some of the arguments in the Michigan case were based on British laws that have their roots in Roman Law from 2000 years ago. Just think, if you are walking on a Michigan beach and look out over Lake Huron to the Ontario shores you can't help but make the comparison.

In Ontario you still have fences and keep off signs that prevent you from shoreline walks while in Michigan you have free and unencumbered

public Right of Passage. Here in Fort Erie, we formed the Ontario Shorewalk Association shortly after we learned of the Michigan case with a view to gaining the same walking rights for Ontario's public. Our approach was dictated by economics. A legal challenge was cost prohibitive we instead approached our Member of Provincial Parliament Kim Craitor. When he first looked at our restricted road allowances with fenced in beach fronts of 60 feet width and endless yards behind, he side stepped aghast and pledged to introduce a private member's Right of Passage bill in the Ontario legislature.

All told, over the course of

2 terms and 8 years Kim worked on the public behalf. He introduced a Right of Passage bill 4 times and it seemed to have good all party support but in each case time ran out before it could be passed into law.

Kim's resignation last fall was a blow to our plans but here in the spring of 2014 we are again optimistic. Our new MPP Wayne Gates met with us and with Kim recently and expressed support and interest in our plan.

In the meantime our Shorewalk president Betty VanOsch continues with her efforts to improve public

access along the Waverley Beach road allowances; Pierce, Rose and Beechview. She has had complete co-operation with Town council and staff so expects completion of the town's project quite soon and looks forward to the next phase.

For the next Shorewalk column look for an evaluation of our and the public's advocacy efforts since 2005, a time and place for our annual general meeting and discussion on how we may be able to integrate our agenda with plans for a shoreline walking trail.

A link to Shorewalk's change.org Right of Passage petition and a membership sign up can be found on our website www.shorewalk.ca

Garry Skerret,
Shorewalk founder,
skerret@vaxxine.com

GARRY SKERRET Special to The Times
Betty Van Osch, Shorewalk president, stands beside one of three road allowances that will have work done this spring to further enhance public awareness about waterfront accessibility.

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SARAH FERGUSON Fort Erie Times

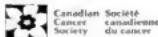
Romeo Daley, a veteran with Royal Canadian Legion Branch 71, volunteers his time to drive fellow veterans to medical appointments in Niagara and as far as Hamilton. The 82-year-old says he'll continue to drive veterans as long as he is able to, but more volunteers are needed to help seniors in need.



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Volunteers drivers needed

 Veterans and seniors need assistance getting to medical appointments

Sarah Ferguson
Fort Erie Times

Over the course of his 47-year membership with the Royal Canadian Legion Branch 71, Korean War veteran Romeo Daley has volunteered off and on to drive fellow veterans to their doctor appointments.

"I don't do it constantly," he said. "Just whenever I'm needed."

The 82-year-old is fortunate to be in good health. But he said not everyone is as lucky as he is.

That's why Daley, who is one of seven volunteers for the legion, gives his time to drive veterans, or widows of veterans, to medical appointments in Niagara Falls, St. Catharines, Welland and as far as Hamilton.

"As long as I am able (to help), I will. We owe this to them (veterans)," Daley said.

"When I signed up in the service, part of swearing in was to promise to help people in need."

Daley continues to uphold his oath every day to help others.

Pat Street, the legion's service officer, said more volunteers are needed, not only to drive veterans, but all seniors.

"There is a great need and I am starting to get many phone calls from people who aren't veterans that can't get to their doctor appointments because they are out of town."

Street is hoping to add more people to her list of volunteers to drive seniors to their appointments.

Volunteers may be asked for their service about two to three times a month.

"It all depends where may be driving where there are two or three appointments at the same time. Other times, we can go a month without getting a phone call from a person that needs a ride," Street said.

Street said volunteers can give their time when they are available. Compensation for gas is offered through the Veterans Affairs, or volunteers and clients make their own arrangements, Street said.

For more information call Street at Royal Canadian Legion Branch 71 at 905-871-8682.

sarah.ferguson@sunmedia.ca



March for inclusion



SARAH FERGUSON Fort Erie Times

Clients and staff from Community-Living Fort Erie embark on the March for Inclusion, a walk through downtown Ridgeway to raise awareness about individuals with disabilities and their role in the community.

Ride in memory of Bob Newman



SARAH FERGUSON Fort Erie Times

Shawn McCooey prepares for the Bob Newman Memorial Poker Run which will take place this Saturday, beginning at 3 West in Fort Erie at 9 a.m.

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Farmer's Market

Hundreds of people will descend on downtown Ridgeway for the opening of Ridgeway's Farmer's Market this Saturday.

The market will run from 7:30 a.m. to 12:30 p.m. each Saturday until Oct. 11.

The market, located at the municipal parking lot nearing the opening of the Friendship Trail, will feature about 30 vendors, selling everything from local produce, to baked goods, homemade preserves and honey, meals, fruit, flowers and crafts.

The market will also feature live music from local musicians.

New theatre company

Down the Rabbit Hole Theatre Company, a new theatre group in Fort Erie, is offering children's theatre classes beginning May 21.

Classes will run every Wednesday for eight weeks from 5 p.m. to 6 p.m.

Registration will be held in person at the Sanctuary Centre for the Arts, 209 Ridge Rd. North in Ridgeway from 5 p.m. to 6 p.m.

For more information call 209-696-2467 or 905-401-2575.

Hunger Awareness

Monday marked the start of Hunger Awareness Week, which is a time for food banks across Canada to raise awareness that it's possible to put an end to hunger.

The Fort Erie Security Food Network, which consists of representatives from the Salvation Army, Bridges Community Health Centre, Meals on Wheels, the Town of Fort Erie and other local organizations, will be promoting activities focused on reducing hunger.

This year, the network is promoting Plant a Row, Grow a Row, an initiative asking gardeners and farmers to grow an extra row of vegetables to donate to the Salvation Army or Community Program Outreach Erie.

Apartment dwellers or anyone without a yard or an interest in gardening can sign-up for a community garden with the Salvation Army at 225 Gilmore Rd. or the Crystal Ridge Community Church on Elmwood Ave., in Crystal Beach by contacting Greening Niagara at 905-246-4236.

Anyone interested in joining the Food Security Network can contact Rhonda Barron at 905-871-7621 ext. 2226 or e-mail rhonda.barron@bridgesc.ca.

The Food Security Network meets the first Wednesday of the month from 11 a.m. to 1 p.m. at Bridges Community Health Centre.

Canadian Motor Speedway reveals logo

Sarah Ferguson
Fort Erie Times

Progress on the Canadian Motor Speedway is in high gear, and track officials have revealed its logo.

The new logo, which contains a maple leaf and a black and white colour scheme, was designed by Choko Motorsports, a Canadian motor sport industry graphic

design and apparel company. The design was a collaboration with vice-president and general manager of Jeff Gordon Motorsports, John Bickford Sr., and CMS Partner and executive director Azhar Mohammad.

"Our logo is very important because it needs to make an immediately positive first impression," Mohammad said in a press

release. "We will continue to create additional versions going forward for the different types of product lines we have identified," he added.

Mohammad likes the design for the CMS and "is confident" racing fans will agree.

"It's Canadian, it's modern and it's racing which says it all. In the very near

future, we will integrate our fans to help us create additional designs which will truly make it a community based initiative lasting for generations," Mohammad said.

The second phase of the \$400 million CMS development in Fort Erie, the completion of the reconstruction of Miller Creek will begin as soon as the surface soil and



The Canadian Motor Speedway logo

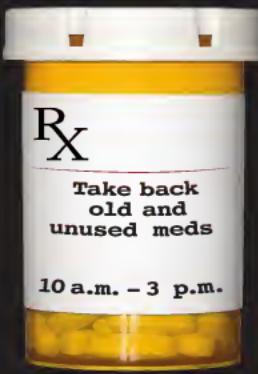
sub-structure can support heavy earth moving machinery.

The CMS is expected to release the names of the two

architecture firms hired to take racer Jeff Gordon's design for the speedway to blue prints in the coming months.

Prescription Drug Drop-Off

Saturday, May 10, 2014



For more information, visit:
www.niagararegion.ca/health

Niagara Region



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TENDER # ISE-14T-BERT13 BERTIE BAY ROAD DRAINAGE IMPROVEMENTS

Sealed tenders clearly marked as to content will be received by Carolyn J. Kett, Town Clerk, Municipal Centre, Fort Erie, Ontario until 2:00 p.m. LOCAL TIME on:

THURSDAY MAY 29th, 2014

Commencing Immediately afterwards on the above date, tenders will be opened publicly at the Fort Erie Town Hall Meeting Room No. 3.

The work consists of excavation of an existing ditch along the Bertie Bay Road from MacDonald Drive to Dominion Road, and ditching works from Dominion Road to just south of Nigh Road, supply and placement of approximately 160m of varying sizes of CSPA, as well as various driveway culverts and catch basins as identified on the Engineering Drawings.

All formal competitive bid opportunities are posted at www.biddingo.com/forterie and effective May 15th, 2014 tender documents can either be purchased from the Town Hall, Infrastructure Services upon payment of twenty-eight dollars and twenty-five cents. (\$28.25) or viewed at the Niagara Construction Association Offices located at 34 Scott Street, St. Catharines, Ontario.

The Corporation reserves the right to reject any and all tenders and the lowest or any tender will not necessarily be accepted.

INFRASTRUCTURE SERVICES

TENDER # ISE-14T-PTAB10 TENDER FOR POINT ABINO ROAD RECONSTRUCTION

This work includes road reconstruction and drainage improvements on Point Abino Road from Michener Road to the Friendship Trail. It will also include lowering the profile to reduce the ditch depth and provide a proper road platform width.

Sealed tenders addressed to Carolyn J. Kett, Town Clerk will be received by the Customer Service Unit (CSU) at 1 Municipal Centre Drive, Fort Erie, Ontario until

2:00 p.m. LOCAL TIME on: THURSDAY MAY 29th, 2014

All formal competitive bid opportunities are posted at www.biddingo.com/forterie and effective May 12th tender documents can either be purchased from the Town Hall, Infrastructure Services upon payment of twenty-eight dollars and twenty-five cents. (\$28.25) or viewed at the Niagara Construction Association Offices located at 34 Scott Street, St. Catharines, Ontario.

The Corporation reserves the right to reject any and all tenders and the lowest or any tender will not necessarily be accepted.

INFRASTRUCTURE SERVICES

NOTICE OF PASSING OF A ZONING BY-LAW

Planning Act, 1990, c. P 13, ss.34(18), 0. Reg. 545/06

APPLICANT: JASON AND COLEEN NEWTON

OWNER: JASON AND COLEEN NEWTON

FILE # 350309-368

TAKE NOTICE that the Council of the Town of Fort Erie passed By-Law Number 65-2014 on the 28th day of April, 2014 under section 34 of The Planning Act, 1990.

AND TAKE NOTICE that any person or agency may appeal to the Ontario Municipal Board in respect of the by-law by filing with the Clerk of the Town of Fort Erie not later than the 28th day of May, 2014, a notice of the appeal setting out the objection to the by-law and the reasons in support of the objection. Any appeal must be accompanied by the Board's fee of \$125.00. A certified cheque or money order in this amount made payable to the Minister of Finance must accompany the Notice of Appeal.

Only individuals, corporations and public bodies may appeal a zoning by-law to the Ontario Municipal Board. A Notice of Appeal may not be filed by an unincorporated association or group. However, a Notice of Appeal may be filed in the name of an individual who is a member of the association or the group on its behalf. No person or public body shall be added as a party to the hearing of the appeal unless, before the by-law was passed, the person or public body made oral submissions at a public meeting or written submissions to the council or, in the opinion of the Ontario Municipal Board, these are reasonable grounds to add the person or public body as a party.

An explanation of the Purpose and Effect of the By-Law, describing the lands to which the By-Law applies may be found below and a key map showing the location of the lands to which the By-Law applies is shown above. The completed By-Law is available for inspection in the Clerk's office during regular office hours and can also be found on the Town of Fort Erie Website: www.forterie.on.ca.

PURPOSE AND EFFECT

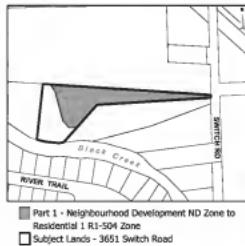
The purpose and effect of By-Law 65-2014 is to amend Town of Fort Erie Comprehensive Zoning By-Law 129-90 by changing the zoning of lands shown on Part 1 of the location map shown above as follows:

From "Neighbourhood Development ND Zone" to "Residential 1(R1-504) Zone".

The lands indicated as Part 1 shall comply with all of the provisions of By-Law No. 129-90 as amended that relate to lands zoned "Residential 1 (R1) Zone" by this by-law except they shall be subject to the following special provisions:

- Minimum lot frontage - 4.72 metres
- Minimum lot size - 8391 square metres
- Notwithstanding the requirements of Subsection "6.16 Municipal Services", the single detached dwelling constructed on the lot may be serviced by a private water supply until such time as a municipal water supply becomes available at the lot frontage.

DATED AT THE TOWN OF FORT ERIE THIS 8TH DAY OF MAY, 2014
CAROLYN KETT, TOWN CLERK



School board recommends new Fort Erie school

Sarah Ferguson
Fort Erie Times

Three of Fort Erie's west end schools will close with students consolidated into a new school by September 2016.

School Board trustee Dave Schaubel said the District School Board of Niagara and the Accommodation Review Committee made its final recommendation last month to merge about 500 students from Crystal Beach, Ridgeview and Bertie Public Schools into one facility.

The ideal location for a new facility is on Restock Road on lands backing onto the Ridgeview Crystal Beach Community Centre.

Schaubel said part of the school board's senior administration recommends that the Town of Fort Erie provide seven acres of land for a school and a playground. An agreement must be reached

no later than Sept. 30 this year.

The plan originally called for the Town or the DSBN to purchase an abutting property for the new facility, but the owners of the abutting property spoke out against the plan and said they won't sell their property during an ARC meeting in April.

During the same meeting, the ARC heard concerns about traffic, noise and vandalism from residents living near Restock Road near where the proposed school would be built.

If an agreement can't be reached, Schaubel said a new school will be built at the Ridgeview Public School site.

Schaubel said no delegations came forward to speak out about the DSBN's recommendations during an April 7 meeting.

The school board trustee believes a new school on

Restock Road is the best solution, but the Town of Fort Erie and the DSBN must reach an agreement.

If the public has any concerns or would like to express their opinion on the final recommendation from the DSBN, Schaubel encourages everyone to speak at the final two school board meetings scheduled later this month.

"I think everyone realizes it's a good idea," said Schaubel of building a new school on Restock Road.

"I don't know how anyone would not be excited, other than the people who would live on the properties right next to the school."

Schaubel said he understands the concerns of the residents on Restock Road, however, he said building a new school in any other location than near the community centre "is unfair."

The school board trustee

said a new school at the Ridgeview Public School site has the potential to be what the community needs, but only if it's done right.

"I think if they don't ruin the property, I love the idea. But I think a new build somewhere else (other than Ridgeview) is best," he said.

Schaubel said the problem with a new school in Ridgeview is more kids would need to be "trucked in" from Crystal Beach.

"A new school on Restock Road would be between both communities (Ridgeview and Crystal Beach)," he said.

"There would be a disconnect between the students from both communities."

A new school facility is expected to cost \$12 million, but by consolidating Fort Erie's three west end schools into one, saving taxpayers about \$417,000 each year.

Meetings scheduled May

13 and 27 will give the public an opportunity to express their concerns a final time before the school board makes a decision. Speakers will be given five minutes to express their concerns to the school board.

Schaubel said the earliest a decision would be made by the school board of trustees is on June 10.

If people wish to speak at one of these final meetings

in front of the board of trustees, Schaubel said they must submit their name and reason for speaking in writing by e-mail to karen.hallam@dsbn.org.

Submissions must be received by noon, the Wednesday prior to each meeting.

sarah.ferguson@sunmedia.ca

LIONS CLUB OF FORT ERIE Roast Beef Dinner

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Confirming and updating this information will help to ensure the Voters' List is accurate and up-to-date in preparation for municipal and school board elections occurring October 27th, 2014.

Find out ahead of time if you are an eligible elector and if your information is correct. Visit voterlookup.ca or call MPAC at 1-866-296-6722.

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Fundraiser supports guide dog program

Rob Parker
Memorial Dog
Guide Dinner
and Dance to be
held May 24

Sarah Ferguson
Fort Erie Times

With his guide dog Duke by his side, Rob Parker enjoyed the confidence, security and companionship of a guide dog beside him.

He was a seizure response graduate with his dog, Duke in 2007.

Rob was an active member of the Fort Erie Lions Club before he passed away in 2010. He was an avid supporter of the Lions Foundation of Canada Guide Dogs and even started his own fundraiser to support the cause.

Rob enjoyed having Duke. He felt safe with Duke by his side," Rob's mom, Dianne Parker said.

Today, that fundraiser has become known as the Rob Parker Memorial Dog Guide Dinner Dance Fundraiser.

"When Rob passed away, we kept the fundraiser in his memory," Dianne said.

This year, the event which is now in its fifth year, will be held on Saturday, May 24 at 6:30 p.m. at the Fort Erie Leisureplex. Tickets will be available until May 17.

Dianne said last year's event raised about \$8,000 for the Lions Foundation of Canada Guide Dogs. The funds raised from previous events have helped raise enough money to train a seizure response, canine vision, hearing ear dog and Autism assistance dog with people in need.

For tickets call Dianne at 905-871-6896 or visit online at www.dogguidedinnerdance.weebly.com.



SARAH FERGUSON Fort Erie Times

Dianne Parker remembers her son, Rob Parker, who suffered from seizures which required him to use a guide dog. A memorial fundraiser in his honour will be held on May 24 to support the Lions Foundation of Canada Guide Dogs.

Who: Dianne Parker

What: Hosting the 5th annual Rob Parker Memorial Dog Guide Dinner Dance.

Where: Saturday, May 24 at 6:30 p.m. Doors open at 5 p.m. Tickets are \$20 per person and are available until May 17.

Where: Fort Erie Leisureplex.

Why: To support Lions Foundation of Dog Guides.

For more information Dianne Parker at 905-871-6896.

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Volunteer appreciation



SARAH FERGUSON Fort Erie Times

The winners of the inaugural Fort Erie Volunteer Recognition Awards were celebrated with a ceremony and luncheon at Old Bank Bistro on May 1. This year, 12 awards were presented to various individuals and service organizations for their work in categories including helping people in need, working with people with special needs and their contribution to history, culture, and youth.

Notice of Application and Directions on Procedure

Canadian Niagara Power Inc.

Application to Operate an International Power Line

to Niagara Mohawk Power Corporation d/b/a National Grid of the United States

By an application dated May 1, 2014, Canadian Niagara Power Inc. (the "Applicant") has applied to the National Energy Board under Part III of the National Energy Board Act for authorization to carry out the construction and operation of a 115 kV transmission line (the "Project") on the Canadian transmission systems owned by the Applicant and Niagara Mohawk Power Corporation d/b/a National Grid ("NGC"). The project involves the removal and replacement of two existing lattice steel towers located on the Canadian side of the Niagara River at 115 kV (the "Existing Line") and the removal and reconnection of 1,178 m (3,854 feet) of existing transmission line (the "Line"). The Line section includes crossing the Niagara River from Fort Erie, Ontario to Buffalo, New York. Existing double circuit 198 kVAC compensated will be replaced with a single circuit 905 kVAC ACER 30/19 "Twin", one 28 inch EHV 500 kVAC compensated transmission line. The new transmission line will be operated at 115 000 volts with three phases. The line will be constructed in accordance with the terms of the Interconnection Construction Agreement between the Applicant and NG effective March 25, 1998.

The Board wishes to obtain the views of interested parties on this application before issuing a permit or recommending to the Governor in Council that a public hearing be held. The Directions on Procedure that follow explain in detail the procedure that will be used.

1. The Applicant shall deposit and file on file, for public review during normal business hours, a copy of the application as filed at 1139 Berrie Street, Fort Erie, Ontario, L2A 5Y2, telephone 905-871-0330, facsimile 905-871-9878 and provide a copy of the application to any person who requests a copy. A copy of the application is also available for viewing during normal business hours in the Board's library, room 1002, 444 Seventh Avenue SW, Calgary, Alberta, T2P 0X8.
2. Submissions that any party wishes to present shall be filed with the Secretary of the Board, 444 Seventh Avenue SW, Calgary, Alberta, T2P 0X8, facsimile 403-292-5503, and served on the Applicant by June 10, 2014.
3. Pursuant to Section 58.14(2) of the Act, the Board shall have regard to all considerations that appear to be relevant. In particular, the Board is interested in the views of submitters with respect to:
 - (a) the effect of the power line on provinces other than those through which the line is to pass; and
 - (b) the impact of the construction or operation of the power line on the environment.
4. As part of its consideration of the environmental effects of the proposed facilities, the Board will apply the regulations and guidance under the National Energy Board Act (the "Regulations").
5. Any answer to submissions that the Applicant wishes to present in response to items 2 and 3 of this Notice of Application and Directions on Procedure shall be filed with the Secretary of the Board and served on the party that filed the submission by June 25, 2014.
6. For further information on the procedures governing the Board's examination, contact the Secretary at 403-299-2714, facsimile: 403-299-2503.

Avis de Demande et Directive sur les Procédures

Canadian Niagara Power Inc.

Demande Viseant à Opérer une Ligne Internationale à Niagara Mohawk Power Corporation faisant affaires sous la Grille Nationale des Etats-Unis ("National Grid of the United States")

Par une demande datée du 1^{er} mai 2014, Canadian Niagara Power Inc. ("Le Demandeur") a fait une demande à l'Office national de l'énergie en vertu de la Section III.1 de la Loi sur l'Office national de l'énergie, pour l'autorisation d'effectuer des travaux de rétention et le remplacement sur une ligne internationale à Niagara Mohawk Power Corporation d/b/a National Grid of the United States ("NGC"), pour l'opération d'une ligne de 115 kVAC (la "Ligne"). Canadian Niagara Power Corporation faisant affaires sous la Grille Nationale des Etats-Unis ("National Grid of the United States"), ("NGC"). Le projet comprend la retenue et le remplacement de deux tours en acier, plus spécifiquement une tour sur Queen Street au Canada et une tour à Buffalo aux États-Unis. Ces deux tours seront remplacées par une section de ligne de 1,178 mètres (3,854 pieds) de long sur une ligne de transmission existante. La section de la ligne traversera le rivière Niagara entre Fort Erie (Ontario) et Buffalo, New York. Le circuit présentement en place comprendra 198 kVAC compensé. Ce circuit sera remplacé par une ligne de transmission à 905 kVAC ACER 30/19 (l'ACER 30/19) à 115 kVAC Stet de 5/8 po et un fil d'équipage aérien. La ligne internationale sera énergisée à 115 000 volts à trois phases. La ligne sera construite conformément aux termes mis en place le 25 mars 1998 dans l'accord de Construction d'interconnexion entre le demandeur et NG.

L'Office national de l'énergie souhaite obtenir l'opinion des parties intéressées à cette demande avant de délivrer un permis ou de recommander au gouvernement en conseil qu'une audience publique soit tenue. Les instructions suivantes sont faites en détail le processus qui sera suivi.

1. La demande sera déposée et déposée en ligne dans les deux mois suivant la date de dépôt de la demande à l'Office national de l'énergie à 1139 Berrie Street, Fort Erie, Ontario L2A 5Y2, téléphone 905-871-0330, Télécopieur: 905-871-9878. Une copie de la demande doit être fourni à quiconque en fait la requête. La demande doit être disponible pendant les heures normales de bureau. Une copie de la demande doit également être disponible pendant les heures normales de bureau dans la bibliothèque de l'Office, room 1002, 444 Seventh Avenue SW, Calgary, Alberta, T2P 0X8.
2. Les opinions et commentaires des parties intéressées doivent être remis auprès du secrétaire de la commission et servir le demandeur à l'Office national de l'énergie. Télécopieur: 403-292-5503. Les parties intéressées doivent envoyer le demandeur avant le 10 juin 2014.
3. Conformément à la section 58.14 de la Loi, l'Office national de l'énergie doit tenir compte de tous les aspects qui semblent adéquats et appropriés. En particulier, l'Office national de l'énergie est intéressé aux points de vue des dépositaires, pour ce qui est de:
 - (a) l'effet de la ligne électrique sur les provinces autres que ceux à travers lesquels la ligne doit passer; et
 - (b) l'impact de la construction ou l'exploitation de la ligne électrique sur l'environnement.
4. Dans le cadre de l'examen des effets environnementaux des installations proposées, l'Office apposera le règlement en vertu de la Loi sur l'Office National de l'énergie (« le règlement »).
5. Toute autorisation que le demandeur désire présenter en réponse aux numéros 2 et 3 de cet avis de demande et directives sur la procédure, doivent être déposés auprès du secrétaire du Conseil et du déposant avant le 25 juin 2014.
6. Pour plus d'informations sur les procédures l'Office National de l'énergie, veuillez communiquer avec la Secrétaire au 403-299-2714, Télécopieur: 403-299-5503.

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Anglican church established in Fort Erie following War of 1812

Earl Plato

Special to the Times

What the thoughts about

religion and the War of 1812?

This article reflects on the religious settings of the

War of 1812.

There is little research available so I will share some of what I know and

have found.

There were two main groups of Christians back then. In Lower Canada

(Quebec) it was predominately Roman Catholic. Here in Upper Canada (Ontario) it was the Anglican Church of England.

In Niagara, if you weren't Roman Catholic you were Anglican.

I know.

My Plato ancestors were of Palatine German descent. They were of Lutheran background.

No

Lutheran

preach

ers

in

Niagara

in

1812.

My forebears Peter James and Catharine (Bowen) Plato in the early 1800s had their children baptized at St. Paul's Anglican church in Fort Erie.

It's in the records. Almost everyone then was Anglican.

No Baptists or other denominations back then.

An itinerant Anglican minister would arrive at a church in Niagara. "Bring your children for baptism," Families were large then.

These Plato children were baptized at one time.

Who knew when the Anglican minister would return.

Anglican Padre Mike Peterson's research said, "Only a handful of Anglican parishes dotted Upper Canada when hostilities between Great Britain and the United States commenced in 1812."

Peterson said that the Anglican Church

survived as best it could in Upper Canada as there was always short of trained clergy.

I thought about the soldiers stationed at Fort Erie.

Most of them were of British descent and thus probably of the Anglican faith.

Was there an Anglican chaplain at the fort?

Yes. In a sense.

Here in Upper Canada, only a handful of army chaplains, all Anglicans, were available to support the military.

They included Rev. G. Stuart, Rev. John Strachan and in Niagara the Rev. Robert Addison.

Addison was present in Fort Erie, Bertie, and Willoughby townships and Fort George.

He met with the local families including loyalists such as Bowen, Miller/Plato and Whittemores all of Bertie Township. Peterson says, "Later (these chaplains) they would be joined by military chaplains from Great Britain. He added, "... each chaplain was responsible for several hundred soldiers and their families."

Bibles were available to the common soldier who could read at his barrack. Yes, God was present during the War but He needed more helpers.

As time passed and the war ended an Anglican church was established in Fort Erie.

Earl Plato is a Fort Erie resident and local author writing for the Heritage Arts Legacy.

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SARAH FERGUSON Fort Erie Times
Fort Erie Secondary School's Kaitlyn Riemer was one of more than 50 students from Ridgeway Crystal Beach, Fort Erie Secondary School and Niagara Christian Community of Schools spent Friday painting panels which will become part of a large mural featured in downtown Ridgeway. The youth will part in painting the mural panels Friday at the Sanctuary Centre for the Arts in honour of National Youth Arts Week, which inspires youth to host events that highlight their talents.

Fashionistas hope to find a cure for cancer

Sarah Ferguson
Fort Erie Times

Everyone has been touched by cancer in some way.

It could be a sibling, a parent, a cousin, a grandparent, or a close friend that is diagnosed with the disease.

It's not a question of if a person or a loved one is impacted by cancer—it's a question of when.

It's a sad reality that someone knows someone with cancer, but members of All Saints' Anglican Church in Ridgeway hope to one day find a cure.

To make a difference and support cancer research, the church is hosting its annual fashion show with proceeds going toward Relay for Life, a major fundraiser for the Canadian Cancer Society, said church member Sandy White.

A Garden of Summer Fashions, presented by the Stevensville Garden Gallery, will be held on June 9 at 7 p.m. at All Saints' Anglican Church.

White encourages everyone who has been touched by cancer, whether it's themselves, or a loved one, to attend the fashion show.

"The experience (of organizing the fashion show) is very rewarding," White said.

"All of us have lost loved ones to cancer and this is a way of fighting back."

The event will not only feature fashions, but garden tips, refreshments and prizes.

Guests can also choose from a wide range of fashions and accessories "for everyone's budget," White said.

Fellow church member June Robinson said those who attend the show can expect to see "amazing fashions" from the Garden Gallery, "lovely desserts and coffee" and fellowship.

Marianne Tykolis-Casey, of the Garden Gallery, said she wanted to support the fashion show because she has lost a loved one to cancer.

"My father, (Stephen

Tykolis) died of cancer and I think the cause really hit home with me," she said.

"Everyone is affected by cancer. It doesn't matter who you are."

Tickets to the fashion show are \$15 and can be purchased in advance by calling 905-894-2382.

sarah.ferguson@sunmedia.ca

Who: All Saints' Anglican Church

What: The church is hosting its annual garden show, A Garden of Summer Fashions. Tickets are \$15.

When: Thursday, June 5 at 7 p.m. Doors open at 6:30 p.m.

Where: All Saints' Anglican Church, 149 South Mill St. in Ridgeway.

Why: To support the Relay for Life.

For more information call 905-894-2382.



SARAH FERGUSON Fort Erie Times

All Saints' Anglican Church members Sandy White and June Robinson try on fashions that will be featured in A Garden of Summer Fashions, a fashion show which will be held on Thursday, June 5. Proceeds from the event will go toward Relay For Life.

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Stakeholders call for program to give industries a break on hydro costs

Rob Houle
OMI Agency Niagara

Stakeholders hope to flick the switch on an industrial rebirth in Niagara.

The Industrial Power Users of Niagara group is calling on the provincial government to implement a 10-year pilot program that would see industries within a 50-kilometre radius of Niagara Falls get a break on the cost of hydro.

"We feel strongly that to compete in this region—and I'm going to call the region Buffalo-Niagara—we need to address energy prices for industry," said Tim Clutterbuck, spokesman for IPUN and president of AWS Steel in Welland.

The Beck Economic Cluster Pilot program would see large and small industries whose power costs represent

more than 7.5% of fixed costs receive a two-cent per kilowatt-hour break on electricity rates at Niagara Falls.

The break—Clutterbuck says—is a working hydroelectricity incentives offered by New York State to industries that operate within a 50-kilometre radius of American power generation at Niagara Falls, N.Y.

IPUN estimates it would cost the province \$18 million per year to offer the break to existing industries in the Beck cluster, and potentially another \$17 million per year for businesses that expand or set up shop in the region.

The New York State ReCharge NY program administered by the New York Power Authority is statewide and can provide up to 30% savings in the cost of electricity, NYPA spokeswoman Mauna Balaban said in an e-mail.

The program, started in 2012, is available for seven years to industries that make new capital investments that lead to the retention or creation of jobs.

"Over the past three years, the ReCharge NY program has been on the forefront of our economic development agenda, successfully working to create and sustain jobs and new private-sector investment in communities across New York," New York Gov. Andrew Cuomo said in a March 6 news release.

"Local governments are a valuable resource for businesses as they look to expand here in New York, and this innovative program is leveraging the state's power generation capacity to create jobs and grow the economy. With the recent news that the unemployment rate in Upstate New York has dropped to its lowest level in the past five

years, it is clear that our focus on jobs, jobs, jobs is paying off."

Half of the power allocation in the ReCharge program (455 megawatts) is derived from electricity generated from the state's Niagara River hydroelectric plant.

The March 6 release from the governor's office says 607 businesses and 69 not-for-profit enterprises are benefitting from the program and "committed to support more than 6,844,000 jobs and undertake billions of dollars in capital investments."

The NyPa also has an "expansion and replacement power" program, in which two large blocks of electricity from its Niagara hydroelectric plant are under seven-year contracts at a discounted price to businesses within 50 kilometres that have capital investments and creating jobs.

The electricity in those two large blocks that is not allocated is sold, with the proceeds going to other economic stimulus projects. IPUN says access to cheap electricity was a catalyst in establishing a heavy industrial base in Niagara, but that advantage began to diminish in the mid-1960s when the province moved to a more uniform method of billing.

Up until then, users closest to where the electricity was produced paid a lower rate. The electricity in those two large blocks that is not allocated is sold, with the proceeds going to other economic stimulus projects.

Szendzik said the remaining industries are just trying to "level the playing field" as it pertains to power incentives offered in New York State.

"We need as many tools in the toolbox as possible to be able to retain the businesses that we have and also secure

new business investments, and unfortunately when you look at what they've done in a number of states...they're creating a basket of incentive programs from 100 to 150 to 200 and we're not keeping up with the Joneses."

"And as such, it's costing us jobs and it's costing us investments," Niagara Region's Bob Seguin calls the pilot program "a solid idea" regional politicians. This is a priority for the Region to advocate on behalf of industrial power users.

"This (cluster) will allow them to a: be competitive both in market and in other markets; and, second of all, look for next rounds of investment so they can expand."

Becky Codd-downey, a spokeswoman for Energy Minister Bob Chiarelli, said in an e-mail that programs to help small and large businesses are part of the Ontario government's economic plan to create jobs. She cited as examples two industrial electricity programs—the Industrial Conservation Initiative and the Industrial Electricity Incentive.

The conservation program give incentives to Ontario's largest companies to reduce their consumption away from peak periods. Codd-downey said on average current ICI participants pay about 25% less than those who do not participate in ICI.

The Industrial Electricity Incentive offers reduced electricity rates over 10 years to companies that expand operations and create jobs. New companies must make an investment of \$250 million to qualify.

It is also available to existing companies, provided they expand operations and create jobs. Those companies pay only the market price of electricity on the additional consumption until 2020. The peak companies committed for the IEI is excess generation by the province that would otherwise be exported to other provinces or the U.S.

Codd-downey noted a SW Steel will benefit from the IEI program through its plan to expand and create 45 jobs.

IPUN says the Industrial Electricity Incentive program does not go far enough, as it makes an increase in power use cheap only on the portion used for an increase in production.

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DEB MALCOLM Fort Erie Times

Deb Malcolm and Deb Sherk prepared their booth at last year's farmer's market in downtown Ridgeway. The women sold baskets last year at the market to raise funds for the Grandmothers to Grandmothers Campaign which helps children in need in Africa. The local Grandmothers to Grandmothers group will sell baskets this Saturday at the opening of the farmer's market at the Village Square until noon. They also invite the public to attend a concert featuring Justin Hines with guest Ash and Bloom on May 17 at 7:30 p.m. at the Sanctuary Centre for the Arts in Ridgeway. Tickets are \$30 and can be purchased by calling 289-876-0612 or e-mail Malcolm at debmalcolm57@gmail.com. They can also be purchased at Trailside Bar and Grill in Ridgeway.

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SARAH FERGUSON Fort Erie Times

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On Sunday morning, about 50 people participated in the annual Multiple Sclerosis Walk, with proceeds going toward the Multiple Sclerosis Society. The event is hosted each year by Scuttlebutt's Tap and Eatery in Stevensville.

A cartoon illustration of a tree with a face, smoking a cigarette. The tree has a speech bubble that says "SMOKE! SMOKE! SMOKE!". Below the tree, there is a small figure of a person and the word "WICKS".

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Mental health challenge: stopping the stigma

Grant Laffiche
QMI Agency Niagara

The times, as we know them, are changing.

For years, it's been a challenge for mental health organizations to talk about what they do and to advocate for those who suffer.

The stigma surrounding mental illness of all kinds, from depression to bipolar disorders, made it difficult. Those with a mental illness often kept it to themselves for fear of being judged.

But as it had with cancer decades ago, the stigma attached to mental illness is starting to change.

"It's getting better," said Ellis Katsof, CEO of Pathstone Mental Health, Niagara's mental health organization for children.

"Things are really starting to change from a public education and understanding perspective. It's very exciting. We are seeing the most change in how we deal with mental health that I have seen since I started in this field in 1975."

George Kurzawa, executive director of the Niagara branch of the Canadian Mental Health Association, said public education campaigns like Pathstone's Shatter the Stigma-Mend the Mind efforts have gone a long way to demystify mental health.

It's why Kurzawa and Katsof are excited about this year's mental health awareness week, which officially kicked off Monday and runs until May 11.

The week is a great opportunity, they say, to keep getting the message out.

Kurzawa said

while the effort to reduce the stigma generally is working, there is still a ways to go on some fronts.

"The workplace remains an issue, where talking about a mental health issue remains career suicide," Kurzawa said.

"Things are getting better, but we're not there yet."

Most years, mental health week features several days of events held by local agencies to help reduce the stigma and promote their missions.

However, Katsof said, local agencies wanted to come together for a singular event.

But due to logistical reasons, it could not be pulled together for the official mental health week.

Instead, most local agencies are coming together May 14 to hold a community forum at Sir Winston Churchill Secondary School. Rower, Natalie Mastracci, an Olympic silver medalist, will give the keynote address and there will be interactive booths and exercises.

There are also smaller events taking place this week leading to the runup to the forum, including CMHA's national Fine or Phine online campaign, which is asking Canadians how they really feel. ("Phine" is being defined as saying you are fine when you really are not.)

grant.laffiche@sunmedia.ca

Mental Health Week in Niagara

May 14: 6 to 8:30 p.m. A community mental health forum at Sir Winston Churchill school.

Online: Fine or Phine campaign by the Canadian Mental Health Association at www.mentalhealthweek.ca

Online: Shatter the Stigma campaign by Pathstone Mental health at www.mendthermind.ca

CHOOSE, BUT CHOOSE WISELY



Fort Erie is a
2012 National Winner

There is a famous movie line that goes "Choose, but you must choose wisely". Should a be a mantra for gardeners—choices must always be made about what to plant, where to plant them, what colours to use—but we should choose wisely.

Among the first things to consider is what kind of garden do you want? To answer this, think about what you want to do in your space. Do you want a play area for the kids? A place to entertain family and friends? A quiet place to read a book or just daydream? What features are important to you? A pond or fountain? A hot tub? A conversation area? Just a place to eat outside in good weather?

Create a wish list—write everything down, no matter how fanciful (pretend you won the lottery, so anything goes!). Dream big—you can change the scope, size and practicality later. Right now, you just want to identify what your ideal space would be. It's OK if you can only think of a couple of things—this, like gardening, is a journey, never a destination, so the list will never be finished. Add to it or delete from it as often as you feel like.

Here are some suggestions to get you started.

How do you want to use your space?

Entertain...Relax & Read...Quiet Spot to Contemplate...Kids Play Area...Pet Zone...Bird/Butterfly Garden...Grow Vegetables...Herb Garden...Storage Area...Tool/Potting Shed...Composting

What features would you like?

Patio...Deck...Combination...Pergola or Arbour...Gazebo...Trellis...BBQ...Hot Tub...Pond...Fountain...Pools...Paths & Walkways...Lighting

Creating a wish list will help you determine what you must have, what would be nice to have, and what you can do without. It will also be helpful in creating a master plan, will make that planning easier, help you keep within budget and finally...help you choose wisely. Thinking about and choosing the 'ingredients' now will help make that dream garden a reality quicker than you can imagine!

Gabrielle Todd is a member of the Fort Erie Communities in Bloom



Communities-in-Bloom is committed to fostering civic pride, environmental responsibility and beautification through community involvement and the challenge of a national program, with a focus on enhancing green spaces in communities.

Chiropractor named one of this year's 40 Under 40

Sarah Ferguson
Fort Erie Times

When Jillian Hartman-Grelowski set out to become a chiropractor, she wanted to help people.

She never thought about receiving accolades.

When she learned she is one of this year's recipients of the 11th annual 40 Under Forty Business Achievement Awards, Hartman-Grelowski felt "privileged" and "overwhelmed" by the honour.

The awards highlight Niagara's top 40 business professionals who are 40 or younger who consistently make their mark in business

and in their communities.

A celebration is planned for May 15 at the Holiday Inn Parkway Convention Centre in St. Catharines.

"Receiving the award feels like asking a patient what kind of pain they feel. It's difficult to describe," Hartman-Grelowski said.

Hartman-Grelowski, a licensed chiropractor and certified medical acupuncturist, owns Fort Erie Chiropractic on Garrison Road in Fort Erie.

The Brock University alumna graduated from New York Chiropractic in 2005 and began practicing out of her Crescent Park home.

As her business grew, Hartman-Grelowski opened her office at her current location in 2008.

Hartman-Grelowski, a former dancer at Peacock School of Dance, realized she wanted to be a chiropractor after recovering from several dance injuries.

"I was afraid of the medical profession because I didn't want to be told to stop dancing," she said.

After visiting with a chiropractor, Hartman-Grelowski said she found a way to heal her body and continue dancing without relying on medication or surgery.

"When I went to a chiroprac-



SARAH FERGUSON Fort Erie Times

Fort Erie resident Jillian Hartman-Grelowski was named one of this year's recipients of the 40 Under 40 Business Award.

practor, I liked that one-on-one experience. I also liked to try methods where I did not need to take a pill," she

added.

Hartman-Grelowski said she developed an interest in physical health and educa-

tion and decided she would take a chance and open her own business.

"It hasn't always been easy but I wouldn't change it for anything," Hartman-Grelowski said.

The mom of two said her work schedule and family life can be difficult to juggle but her husband, Jamie, is "very supportive."

Hartman-Grelowski said being an active member of the community is important to her, which is why she serves on the hospital advisory services board, and was a member of the Douglas Memorial Standing Committee until it dissolved.

"The community gives back to you what you put into it," Hartman-Grelowski said.

Hartman-Grelowski's successful business "didn't happen over night."

If she could offer any piece of advice to people just starting their own businesses, it's to work hard and be patient.

"All I can say is work hard, keep focused and always have small goals because small goals can be accomplished and turned into bigger goals."

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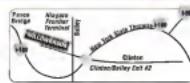
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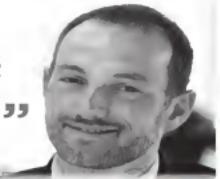
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LARRY BOGGIO
RPh B.Sc.PhM (para)

Unfortunately mixing alcohol with certain types of prescription medications can be dangerous. Alcohol can increase the risk of severe CNS depression when taken with opioids, benzodiazepines and barbiturates. Alcohol can also affect drug metabolism (breakdown to active components), or the absorption of some drugs. Chronic alcohol intake can also cause problems with certain medications because of the effect it has on the liver and specific drug metabolizing enzymes.

Chronic alcohol use increases acetaminophen (TYLENOL) metabolism increasing its conversion to metabolites toxic to the liver. It is always best not to exceed four grams of acetaminophen a day, especially if you are a heavy or binge drinker because of the damage it can do to your liver.

Chronic alcohol use along with NSAIDS (ibuprofen) or aspirin can increase the risk of GI bleeds. However, an occasional drink with NSAID use is not likely an issue.

If you are a patient on warfarin alcohol can inhibit warfarin metabolism and increase your INR. If you change your usual alcohol intake you should have your INR checked.

Certain antibiotics, and in particular metronidazole, has the potential when mixed with alcohol to make people quite ill. When taken together a patient may experience low blood pressure, shortness of breath, facial flushing, and nausea.

Diabetic patients taking hypoglycemics such as GLYBURIDE or insulin are at risk of severe hypoglycemia (low blood sugar) when they drink alcohol. These patients should limit alcohol to an occasional single drink.

Any patient on medication for sleeping should be careful of alcohol consumption because of the additive effects of drowsiness and respiratory depression. Patients have been known to aspirate their own vomit and die from intoxication. This could be more likely to happen if a person mixes alcohol with their sleep medication.

This same problem could exist when patients mix alcohol and opiates.

It is always wise to consult your pharmacist or physician if you receive a new prescription and intend to have a few alcoholic beverages. Also please notify your physician or pharmacist if you are a chronic drinker. Even if you are not planning to drink while taking your prescription previous liver damage could affect how well you metabolize your medication. This could result in too high, or too low a dose for you.

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BRICKS & Bouquets

Bouquet for an eight-year-old

A bouquet for an eight-year-old for making a big difference. He's making and selling bracelets for the Heart and Stroke Foundation in honour of his younger brother who suffered a stroke when he was six, and now he is thriving. It's really amazing to see young people like yourself making such a big difference in the community.

Brick for an unkind person

A brick for a person that thinks the wrong-doing that he or she does is hidden behind fences. Fences only block what is being seen at ground level. People that live above you in high rise buildings can see what you did. I saw what you did. You're not a nice person.

Bouquet for a neighbour

A bouquet for a friend of mine that lives in the same apartment building as me. This is a giant bouquet for your because I've never heard you say anything nasty about anyone, even though people say very unkind things about you. You are a very gracious person and it offer.

is a quality in you that I admire. Thank you for being who you are. More people should be like you.

Brick for mismanaged government

A brick for the government that I feel is mismanaged. We conserve water, and energy. We buy everything on sale, we re-use and we recycle and yet we continue to pay for the things we need such as gas, food, water and other bills. The little guy in Canada keeps consistently paying more for the things that he needs. Shame on you.

Brick for people who criticize others

A brick for people who criticize, ridicule and judge the refugees that come into our country. If you would stop to think for a moment about the horrors that people face in other countries, you would welcome them with open arms. I understand some of the criticism and I know that if we went to these same countries and wanted in, the doors would be slammed in our faces. But some of the things these people have faced are awful. We want for nothing, and the least we can do is share the wealth and the beauty our country has to

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Niagara region needs organ donors

About 1,500 across Ontario urgently wait for tissue donations such as cornea transplants

Allan Benner
QMI Agency Niagara

Last year, 16 patients in Niagara were given a new lease on life thanks to the generosity of three people and their families.

Heather Paterson, the Niagara Health System's director of critical care, said hospital staff identified five potential organ donors last year from among dying patients within NHS hospitals critical care departments.

The families of three of

those people chose to participate in the organ transplant process.

As a result, 16 organ transplant surgeries were conducted at NHS hospitals last year by specialists from the Trillium Gift of Life Network.

Meanwhile, 53 people donated tissues such as eyes, skin, heart valves and bone to help improve the lives of others.

But there are far more

people in need, Paterson said.

Across Ontario, about 1,500 people are urgently awaiting organ transplant operations, and more still awaiting tissue donations such as cornea transplants to restore their vision.

And the NHS is asking for the assistance of Niagara residents to help those patients.

"The waiting list is fairly significant and it's our role as hospital organizations and communities to be active in the donation process and understand it, and to register is very



The waiting list is fairly significant and it's our role as hospital organizations and communities to be active in the donation process and understand it."

— Heather Paterson

important," Paterson said.

In addition to registering as a donor with the Trillium Gift of Life Network, Paterson also advised people to share their wishes with their loved ones.

"I think the most important part is to choose to be a donor, but then having that discussion with your family and letting your family know that these are your wishes," she said. "It's a very difficult time for families experiencing the death of a loved one."

People can register online at www.BeaDonor.ca at Service Ontario locations, and consent forms can be downloaded at www.giftofflife.ca.

She said only about 25% of people across Ontario have registered as organ and tissue donors.

allan.benner@sunmedia.ca

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Organ Donations

Donor registration rates in Niagara communities as of Dec. 31, 2013:

- Welland: 27%
- Niagara Falls: 25%
- St. Catharines: 33%
- Port Colborne: 30%
- Fort Erie: 25%
- Grimsby: 39%
- South and northeast Niagara (including Pelham, Niagara-on-the-Lake, Thorold, Wainfleet): 30%
- Ontario average: 24%

• One donor can save up to eight lives and enhance as many as 75 lives through tissue donation.

Cruising into Ridgeway



SARAH FERGUSON Fort Erie Times

Sunday saw about 1,000 motorcycle enthusiasts descend upon Ridgeway for the 31st annual Fort Erie Motorcycle Swap Meet.



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Regional council supports chiefs' pot stance

Current federal law dictates police lay charges against a person caught with any amount of pot

Rob Houle
QMI Agency Niagara

Niagara Region councilors threw their support behind a police chiefs' request that officers be given the discretion to issue tickets to people caught with a small amount of marijuana.

Current federal law dictates police officers lay charges against someone caught with any amount of pot.

At its meeting in Winnipeg

in August, the Canadian Association of Chiefs of Police decided to ask the minister of justice and attorney general to amend the Controlled Drugs and Substance Act to allow officers discretion to issue a ticket to those caught with 30 grams or less of pot. The chiefs cite the fact someone found guilty for simple possession under

a criminal record, but will more than likely only have to pay a fine.

The chiefs say charges can result in lengthy court processes that remove officers from the street, putting a strain on resources.

So far, Niagara Mayor Brian McMullan's motion to support the chiefs of police request was deferred at regional council March 20 pending receipt of the Niagara Regional Police Services position on the matter.

In their council packages Thursday, councillors received a letter from NRP Chief Jeff McGuire, who said as a member of the CACP he supports the motion adopted by the association.

McMullan re-introduced the motion that council endorse the position of the CACP.

"I think we recognize ... how challenged our police forces, including our Niagara Regional Police, are in terms of resources, and the fact the chiefs of police have taken a sound, rational, responsible position with respect to marijuana legislation."

— Brian McMullan

current legislation will have

marijuana legislation," McMullan said.

"If the average age of this elected body was a little bit younger than it is, I'm sure this would go a lot further than it does today," he added jokingly.

Fort Erie Coun. John Teal spoke in support of the motion, twice to express concern the motion was endorsing the decriminalization of marijuana.

"I'm stuck on this point about issuing tickets," Teal said. "If you give an officer the option of issuing a ticket as a discretionary option to laying formal charges pursuant to the act, isn't that decriminalizing it?"

Teal later said the argument that simple possession charges put a strain on police resources "should be irrelevant."

"The law is the law," he said.

"The enforcement of the law is the obligation of the police. That should not depend on whether their resources are strained or not strained. The law is the law, it should be enforced, period."

Councillors voted 19-5 to endorse the Canadian Association of Chiefs of Police's position, which has not garnered the support of the federal government.

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MAY 20**POINT ABINO**

Lighthstation Preservation Society (PALPS) general meeting at the Crystal Ridge Library, 89 Ridge Rd. South, Ridgeway Program: Climbing Cape Hatteras. Refreshments 6:30 p.m. Business meeting 6:45 p.m. Program: 7:45 All welcome.

ONGOING**WALKING GROUP**

The Walking Group meets twice weekly, Mondays and Thursdays from 9 a.m. to 10 a.m. at the Leisureplex next to the Town Hall on Garrison Road. The group is open to anyone, but the focus is toward individuals with Diabetes who find it difficult maintaining an adequate activity level during the winter months. Services include pedometers for measuring distance, hand held tally counters for measuring laps, glucometers, a log book and resources for Diabetes management.

SOCIAL GROUP

Drop in for a warm beverage and some lively conversation the first and third Tuesday of every month. 10 a.m. to noon. Bridges Community Health Centre, Fort Erie, 1485 Garrison Rd. No registration required. For more information call 905-871-7621.

PARENTING NETWORK

group which meets monthly on the last Wednesday of each month from 6 p.m. to 9 p.m. Meetings provide support for caregivers of children, youth or adults with autism, a developmental disability, or mental health issues. Bridges

Community Health Centre, Fort Erie.

GEROLOGY STORE TOURS

Discover how to make healthy food choices, read labels and shop on a budget. Offered by Bridges Community Health Centre Fort Erie. Tours will be schedules based on expressed interest. Call 905-871-7621 for more information.

BORN TO READ

For babies newborn through those about to start their first steps and their parent or caregiver. Bounces, tickles, rhymes, music, movement, book sharing and more. Participants should bring a small blanket and toy. \$2 per session. Pre-registration not required. Fort Erie Public Library Centennial branch. Thursdays, 1:30 p.m.

READY TO READ

Join us for reading, writing, talking, singing

and playing - the five fundamental skills that get children ready to Read! For children ages 3 and up, \$2 per session. Pre-Registration not required. Fort Erie Public Library Centennial branch, Tuesdays, 10:30 a.m.; Crystal Ridge branch, Wednesdays, 10:30 a.m.

BRAIN EMPOWERING

Team support group for individuals with chronic health conditions, survivors of stroke, those with neurological impairments and volunteers. Weekly meetings in Fort Erie include speakers reading about health issues and discussions. New members welcome. Call 905-871-7510 or 905-871-3948.

NIAGARA ACTION

For Animals Banquet every Saturday and Sunday and statutory holiday from 9 a.m. to 6 p.m. at the County Fair Mall. Proceeds to benefit local

animals in need. For more information call Patricia Nathan at 905-871-7493.

KNITTING

Want to learn to knit or practice knitting? Ages 8-14 years old. Free in partnership with the Bowen Road Women's Institute. All materials are supplied. Fort Erie Public Library Crystal Ridge branch, Thursdays, 6:30 p.m.

BOWEN ROAD WOMEN'S

Institute meets third Thursday of the month at People's Memorial Church, Ridgeway, at 7

p.m.

WRITERS' GROUP

Fort Erie Public Library staffer and published author Derek Clendening offers tips and advice

to writers of all ages, teen through senior. Bring your work; bring your questions. Free. First Wednesday of every month, 6:30 p.m., Centennial.



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Pastor Andrew Doherty
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Sundays at 11:00 am

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www.riversidecommunityfc.com

Sunday Services
9:00am & 10:45am
2669 Niagara Parkway, Fort Erie
905-871-8880

**HIS SIGNATURE SINGERS IN CONCERT**

Sunday, May 4th at 6:30 p.m.
Main Street Baptist, Niagara Falls

Sunday, May 25th at 6:30 p.m.
Windmill Point Church, Ridgeway

Sunday, June 1st at 6:30 p.m.
Grace United Brethren, Sherkston

Sunday, June 15th at 10:30 a.m.
Stevensville United Brethren,
Stevensville

Call to reserve your church listings each week

905-871-3100 ext. 202

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Miscellaneous

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MAY 10th & 11th
9 a.m. - 7:00 p.m.
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Too Much To Maroon!

Sat., May 10th

8 a.m. - Noon
#1000 10th Street
COME EARLY!

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Total Garage Items!
50% Wheel Chair
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business directory

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General Help Wanted

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Careers

Careers

Careers

Careers

FIREFIGHTERS NEEDED

Fort Erie Fire Department is now accepting applications for
Volunteer Firefighters.

Deadline to apply is Friday, June 6th, 2014 @ 5:00pm
Applications are available Online, at Town Hall or at our Open Houses

IF YOU ENJOY A CHALLENGE- WE WANT YOU



For more information,
please attend one of our

OPEN HOUSES:

Thursday, May 15th

7pm-9pm

Station #4

398 Ridge Rd. North

Wednesday, May 21st

7pm-9pm

Central Station

444 Central Ave.

General Help Wanted

General Help Wanted

General Help Wanted

The Fort Erie Times
CARRIERS WANTED



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Marking your milestones.

Birthdays

Birthdays

Personal Notices

Cards of Thanks

Cards of Thanks

90

Happy Birthday!

Please come and hang out at the Open House for
Maytie Ervine's 90th Birthday!



Saturday, May 10th, 2014
2:00 - 4:00 p.m. at
People's Memorial United Church,
Ridge Rd N, and Dominion Rd,
Ridgeview

If Maytie has touched your life in any way, or if you have touched hers, she would love to see you there!
Cake and coffee will be served.
(Best wishes only)

Retirements

Retirements

I would like to announce I am now officially retired from Bill's Toyota. I had planned to retire in December, but because of a medical emergency my retirement was instant. I'm very sorry for any inconvenience to my customers and friends. I want to thank the people I worked with and also everyone who called and sent cards. I'm feeling much better and hope to have continued good health.

Thank you

Larry Wilson



Coming Events

Coming Events

ROAST BEEF DINNER

St. John's Stevensville
United Church
14789 Sodus Road, Snyder
Saturday, May 10, 2014
Two Sittings 5:00pm and 6:30pm
Adults \$12. Children under 12 \$5
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+ In-Store Promo King Pin (MSRP \$20)
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+ In-Store Promo Kung Fu (MSRP \$30)
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 (MSRP)
Value
 for **FREE**
 With This Coupon
 (In Retail Items)

When You Purchase Any
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 (before tax),

Receive **FREE**

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 Saturn Missiles (not MSRP \$40)
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